

WEEK 4

Prayer Journal

Practice praying to God each day using the prompts below. Write on the back of this sheet, or turn a notebook into your prayer journal.

What would you like to tell God about your day?

What do you think God might be saying to you at the moment?

Check in with others...

- It's important to check in with others (& our Bibles!) about what we think God might be saying to us to see if it aligns with who God is & what he does in our lives.
- Write down or draw your thoughts so you don't forget and then have a 'God conversation' with a trusted family member, mentor, teacher, Emerge leader.