

# WEEK 3

## Prayer Journal

Practice praying to God each day using the prompts below. Write on the back of this sheet, or turn a notebook into your prayer journal.

Prayers for myself...

Prayers for my family...

Prayers for my school/activities...

Prayers for my country...

Chat...

- Chat to God and tell Him everything that's on your mind... the praise (thank you), the please (ask) and the sorry.
- Remember, it's ok to pray the same prayer more than once.