

A photograph of a dense forest with tall evergreen trees. A thick layer of mist or fog hangs between the trees, and soft sunlight filters through the canopy, creating a hazy, ethereal atmosphere. The text is centered over this background.

LIVING IN A SPIRITUAL WORLD

1. RECOGNISING OUR DEEPEST DESIRE

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2. REORDERING OUR LIFE AROUND OUR DEEPEST DESIRE

STRONG DESIRES

DEEPEST DESIRES

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PSALM 63:1-4

O God, you are my God, I seek you,
my soul thirsts for you;
my flesh faints for you,
as in a dry and weary land where there is no water.
So I have looked upon you in the sanctuary,
beholding your power and glory.
Because your steadfast love is better than life,
my lips will praise you.
So I will bless you as long as I live;
I will lift up my hands and call on your name.

PSALM 63:5-8

My soul is satisfied as with a rich feast,
and my mouth praises you with joyful lips
when I think of you on my bed,
and meditate on you in the watches of the night;
for you have been my help,
and in the shadow of your wings I sing for joy.
My soul clings to you;
your right hand upholds me.

**‘GOD, YOU ARE MY GOD, EARNESTLY I SEEK YOU,
I THIRST FOR YOU.’**

“It would seem that Our Lord finds our desires not too strong, but too weak. We are half-hearted creatures, fooling about with drink and sex and ambition when infinite joy is offered us, like an ignorant child who wants to go on making mud pies in a slum because he cannot imagine what is meant by the offer of a holiday at the sea. We are far too easily pleased.”

C.S. LEWIS

Weight of Glory

PSALM 63:4

In Your name I will lift up my hands.

PSALM 63:4

I lift up my hands.

PSALM 63:1

Early I will seek You.

PSALM 63:6

On my bed I will remember You.

**‘PRAYER WITHOUT CEASING’
or ‘PRAY CONTINUALLY’**

PRAY CONTINUALLY

GRATITUDE

PRAY WHILE WE ARE WAITING

WHILST ON THE MOVE

TURN OUR WORK INTO PRAYER

BROTHER LAWRENCE

The Practice of the Presence of God

WHEN WE ARE TEMPTED TO WORRY

15TH & 16TH JULY, 2025