

## **Connect Group notes 10.2.25**

During our 'Heart and Hope Sunday' just been, our Eldership team spoke to us about the ongoing aspects of this for Gateway going into 2025.

Our vision at Gateway is "to become resilient disciples of Jesus ... *whoever we are, wherever we go.*" relating to Good News, Community and Go.

We heard from Chris and Andrea from our eldership team, along with three other people from our community via a video, about how they carry Christ with them into their day to day places of influence , and also how they recognise how God is already there and where His Spirit is moving.

Chris also encouraged us around the idea of "breathing in, so we can breathe out".

### **Discussion points**

1. - How do we 'breathe in' the things of God, in our behaviour and also the positioning of our hearts? Why might this be important?
  - What might this look like both individually and corporately?
  - How does regular meeting together in community help us 'breathe in'? (think about the aspects of Sunday gatherings, and being with other followers of Jesus, and how they encourage and support this)
  - Does anyone want to share examples of what they do to 'breathe in' and/or what they find helpful?
  
2. - How does intentionally taking time to breathe in, support our 'breathing out'?
  - What does this 'breathing out' look like among the members of your group. Encourage people to reflect on how this is unique for each season and stage of life?

***Breathing in: to stop, rest and be restored...***

***Breathing out: to carry His presence and blessing to others.***

3. We heard about the fact that God is already at work in the lives and spaces of people... Andrea talked about how as we hunger for, and surrender to God, we are often more able to recognise his manifest presence in places and lives...
- As we ask God to help us, how can we position ourselves to partner with God, as his Spirit leads us?
  - How does this differ from thinking that “we *take* God with us into places” (though we are still Christ carriers)?

### **Application**

- Think of a specific place or person and ask God where he is at work, so we can actively join him there.

### **Pray**

- For each other, that we would be people who make space to ‘breathe in’ God’s Spirit, so that we are able to be his hands and feet in our world.
- That God would give us each a renewed hunger for him, and a heart for others, and that we would have ‘eyes to see, ears to hear and a heart to understand’.